

Proud member of



INDEPENDENT CHOICE

August 2020

Pull up a chair. Take a taste. Come join us. Life is so endlessly delicious.
- Ruth Reichl



Nutiva
Organic Coconut Manna

\$6⁹⁹

15 oz



Simple Mills
Crunchy Almond
Flour Cookies

\$3⁴⁹

5.5 oz



Once Again Nut Butter
Organic Tahini

\$5⁹⁹

16 oz



One Degree Organics
Organic Sprouted
Cereal
(selected varieties)

\$4⁴⁹

8-12 oz



GoMacro
Organic
MacroBar

2/\$4

2-2.4 oz



GT's
Organic Enlightened
Kombucha

2/\$5

16 oz



Honest Tea
Organic Iced Tea

4/\$5

16 oz



Organic Valley
Organic Mozzarella
Stringles

\$3⁷⁹

6 oz



Siete
Grain Free
Tortillas

\$6⁴⁹

8 ct



Amy's
Burrito
(selected varieties)

2/\$5

5.5-6 oz



Late July
Organic Crackers

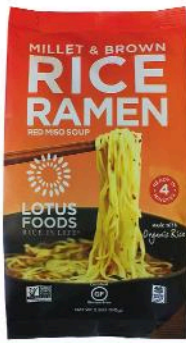
\$2⁷⁹

5 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of August.

Lotus Foods
Rice Ramen



2/\$3

2.8 oz

Near East
Couscous
(selected varieties)



\$1.79

5.4-10 oz

Annie's
Mac & Cheese
(selected varieties)



5/\$5

5.25-6 oz

Daiya
Deluxe
Cheezy Mac



\$3.29

10.6-10.9 oz

Santa Cruz Organic
Organic Apple Sauce Cups



\$3.29

6-4 oz

Peter Rabbit Organics
Organic Baby
Food Pouch
(selected varieties)



2/\$3

4-4.4 oz

EPIC
Meat Bar



2/\$4

1.3-1.5 oz

Bobo's
Oat Bar
(selected varieties)



2/\$4

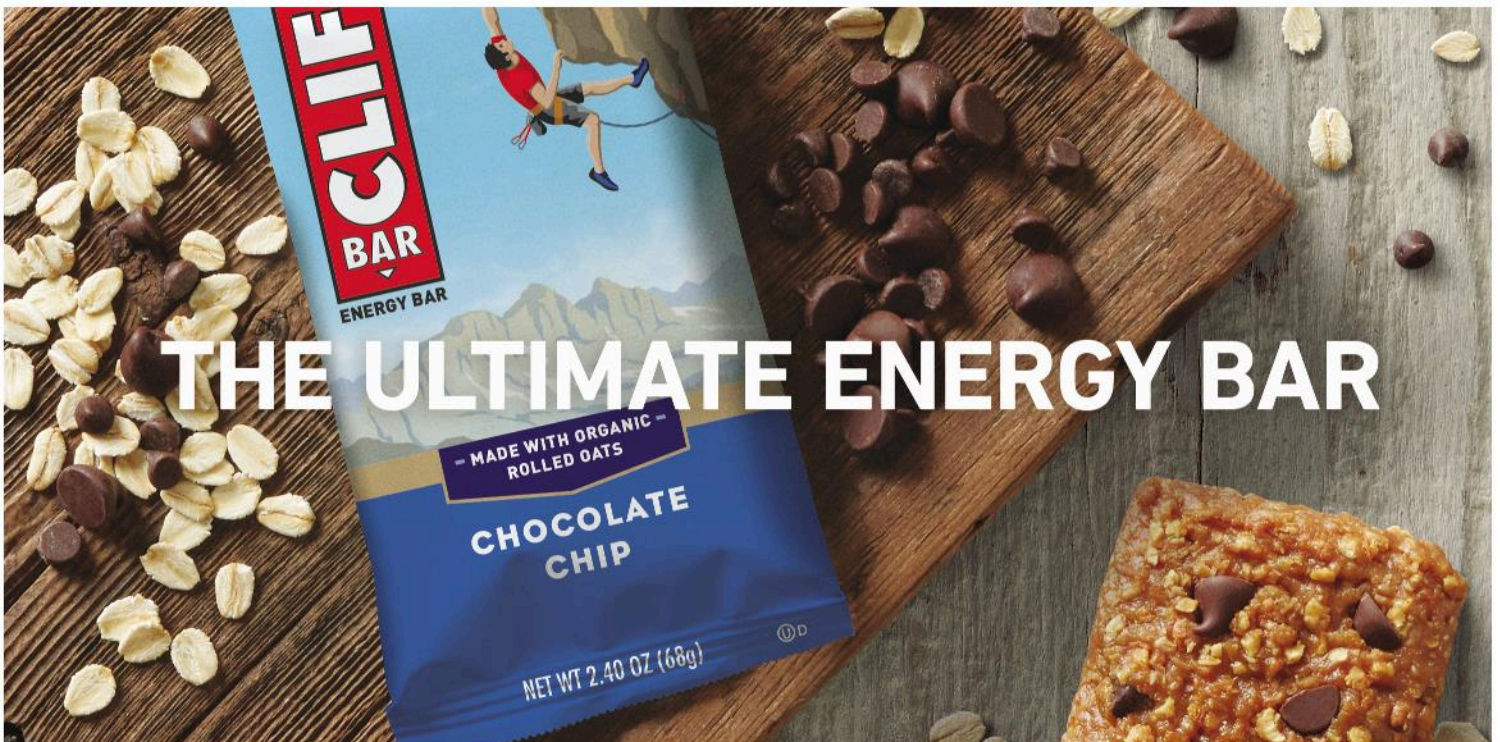
3 oz

Clif Bar
Energy Bar
(selected varieties)



5/\$5

2.4 oz



THE ULTIMATE ENERGY BAR

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MADEGOOD

Trust in something good.

Hungry minds run on healthy snacks

Children love to learn. When their bellies are full their minds open up. MadeGood Granola Bars are packed with simple, organic ingredients. The good stuff to fuel their studies and keep kids focused on changing the world.



MadeGood Organic Granola Bars (selected varieties)

\$3⁴⁹

6 ct



Enjoy Life Foods Soft Baked Cookies

\$3⁴⁹

6 oz



Annie's Organic Bunny Fruit Snacks (selected varieties)

2/\$5

4 oz



Annie's Organic Bunny Crackers (selected varieties)

2/\$5

7.5 oz



Good Health Olive Oil Potato Chips

\$2¹⁹

5 oz



gimMe Organic Organic Seaweed Snack

2/\$3

.35 oz



Peeled Snacks Organic Baked Pea Crisps

2/\$4

3.3 oz



Late July Organic Multigrain Tortilla Chips

2/\$5

5.5-6 oz



Beanitos Bean Chips (selected varieties)

2/\$5

4.5-5 oz



Purely Elizabeth Granola

\$4⁷⁹

12 oz



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Barbara's
Puffins Cereal



\$3²⁹

10-11 oz

Cascadian Farm Organic
Organic Cereal
(selected varieties)



2/\$6

8.6-14.6 oz

Arrowhead Mills
Pancake &
Waffle Mix
(selected varieties)



\$3⁷⁹

26 oz

Coombs Family Farms
Organic Grade A Dark
Robust Maple Syrup



\$8⁴⁹

12 oz

Birch Benders
Keto Pancakes
& Waffle Mix



\$5²⁹

10 oz

Justin's
Organic Nut
Butter Cups



2/\$3

1.32-1.4 oz

Crofter's Organic
Organic Premium
Spread
(selected varieties)



\$3⁴⁹

16.5 oz

SweetLeaf
Sweet Drops
(selected varieties)



\$5⁷⁹

2 oz

Organic Valley
Organic Ghee



\$8⁴⁹

7.5 oz

USE IT TO MAKE



SNACKS

BREAKFAST

FRIENDS

Justin's

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Lakewood
Organic Pure
Aloe Juice



\$4⁹⁹

32 oz

Topo Chico
Sparkling Mineral
Water



89¢

12 oz

Vita Coco
Coconut Water



2/\$6

1 lt

Ripple Foods
Plant-Based Milk
(selected varieties)



\$3²⁹

48 oz

Califia Farms
Plant Milk
(selected varieties)



\$4²⁹

48 oz

So Delicious
Coconutmilk Yogurt
Alternative
(selected varieties)



2/\$3

5.3 oz

Organic Valley
Organic Half & Half
(selected varieties)



\$3⁹⁹

32 oz

The Greek Gods
Greek Style Yogurt
(selected varieties)



\$2⁹⁹

24 oz

Perfect Bar
Protein Bar



2/\$4

2.2-2.5 oz

Quorn
Meat Alternative
(selected varieties)



\$3⁴⁹

7.05-12 oz

Udi's Gluten Free
Gluten Free Bread



\$4²⁹

12-14.3 oz

So Delicious
Coconutmilk
Frozen Dessert
(selected varieties)



\$4⁷⁹

1 pt

NeoCell
Super Collagen



\$12⁷⁹

7 oz

Vibrant Health
Green Vibrance



\$41⁹⁹

11.92 oz

Garden of Life
mykind Organics
B-12 Organic Spray



\$13⁹⁹

2 oz

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Orgain.
Snack time. Meal time.
Anytime.

Smooth and deliciously clean nutrition shakes packed with 16g of protein and 21 vitamins & minerals.

- Non-GMO
- No Soy
Ingredients
- Gluten
Free
- No Dairy
Ingredients
- No Added
Preservatives



**Orgain
 Organic Vegan
 Nutritional Shake**



\$2²⁹
 11 oz

**Charlotte's Web
 Hemp
 Extract-Infused
 Gummies**



\$35⁹⁹
 60 ct

**Natural Factors
 Stress-Relax®
 Tranquil Sleep
 Chewable**



\$21⁹⁹
 60 tab

**Nordic Naturals
 Nordic Berries**



\$18⁹⁹
 120 ct

**Natural Factors
 CurcuminRich®
 Theracurmin®
 30 mg**



\$18⁹⁹
 60 vcap

**Rainbow Light
 Vibrance
 Women's One**



\$15⁴⁹
 60 tab

**ChildLife Essentials
 Multi Vitamin
 & Mineral**



\$10⁴⁹
 8 oz

**Boiron
 Camilia
 Liquid Doses**



\$9⁹⁹
 30 ct

**Natural Vitality
 Natural Calm
 (selected varieties)**



\$12⁹⁹
 8 oz

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Renew Life
Ultimate Flora
Women's Care
Probiotic 90 Billion



\$37⁹⁹
30 ct

Dr. Bronner's
All-One Toothpaste



\$4⁴⁹
5 oz

Tom's of Maine
Toothpaste
(selected varieties)



\$4⁹⁹
4-4.5 oz

Mrs. Meyer's Clean Day
Liquid Hand Soap
(selected varieties)



\$3⁷⁹
12.5 oz



Immune Boosting Shot

What you'll need:

- 1 navel orange
- 1 inch piece of fresh turmeric
- 1 inch piece of fresh ginger
- 1 T honey
- 1 inch piece of fresh turmeric root
- 1 pinch of black pepper
- 1 T honey

Peel oranges, ginger and turmeric. Add all ingredients to blender and blend until pureed. Enjoy!

Mineral Fusion
Volumizing Mascara



\$12⁴⁹
0.57 oz

Thayers
Witch Hazel
Facial Toner



\$6⁹⁹
12 oz

Andalou Naturals
1000 Roses
Cleansing Foam



\$8⁹⁹
5.5 oz

Desert Essence
100% Australian
Tea Tree Oil



\$7⁷⁹
1 oz

ECOS
Dishmate Dish Soap



\$2⁷⁹
25 oz

Seventh Generation
Liquid Laundry
Detergent
(selected varieties)



\$10⁹⁹
100 oz

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We are part of Independent Natural Food Retailers Association (INFRA), a network of independent retailers of all sizes working together to further the future of real food—for our communities and for our planet.

Together, we're able to provide you with discounts on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

Independent Choice specials are available at Independent Natural Food Retailers Association member store locations. For more information and a complete listing, please visit www.naturalfoodretailers.net

FLORIDA

Abby's Health & Nutrition
 Date & Thyme
 Debbie's Health Foods
 Get Healthy
 Grassroots Natural Market
 Nassau Health Foods
 Native Sun
 Natural Foods Market
 Nature's Food Patch
 Nutrition Smart
 Nutrition World
 Peggy's Natural Food Market
 Wright's Natural Market

GEORGIA

Brighter Day Natural Foods
 Farmer's Natural Foods
 Nature's Corner Market
 Nature's Pick Market
 Nuts 'n Berries Healthy Market
 Westview Corner Grocery

NORTH CAROLINA

Apple Crate Natural Market
 Food Matters Market
 Harmony Farms Natural Foods
 Living Well Down East
 Lovey's Market
 Nature's Own

Organic Marketplace
 West Village Market & Deli

SOUTH CAROLINA

14 Carrot Whole Foods
 Bay Naturals
 Belue Farms
 Natural Foods Market
 Bert's Market

Rosewood Market & Deli

TENNESSEE

Grubb's Grocery
 The Turnip Truck
 Natural Market

